



You have what it takes

to grow in Christ and help others do the same.

The 5x5x5 New Testament Bible Reading Plan

navigators.org





Welcome to *The 5x5x5 New Testament Bible Reading Plan*, where you can read through the entire New Testament in five days a week, five minutes a day, while giving you five ways to dig deeper into Scripture.

There are so many benefits to creating a Bible reading habit. The apostle Paul shares with Timothy (who he discipled) how all Scripture is inspired by God and will equip you for everything you do.

“All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work.”
2 Timothy 3:16-17 (NIV)

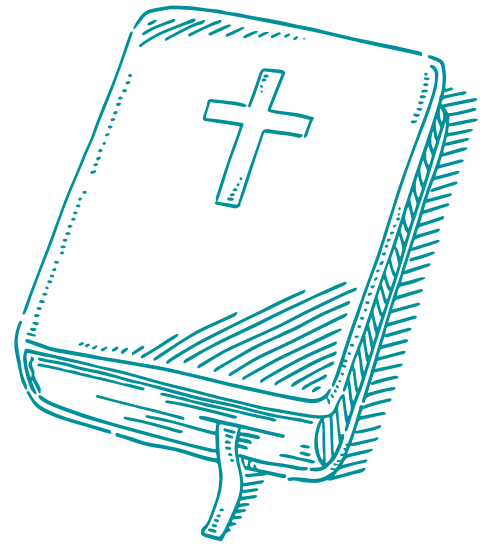
We created this resource to help you easily develop a Bible reading habit, so you can experience all the benefits!

The 5x5x5 New Testament Bible Reading Plan:

- Provides an easy to remember method: five minutes a day; five days a week; with five ways to go deeper.
- Offers a journey through the entire New Testament in a year.
- Easy-to-take first step for those wanting to build Bible reading habits, but who have trouble finding the daily time.

We pray *The 5x5x5 New Testament Bible Reading Plan* will continue to grow your hunger and love for God's Word.

The Navigators



5x5x5

New Testament Bible Reading Plan

Read through the New Testament in 5 days a week, 5 minutes a day.

5 MINUTES A DAY

If you're not used to reading the Bible daily, start with this easy to use tool to read a chapter of the New Testament in 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The Gospels are read throughout the year to weave in the story of Christ all year long.

5 DAYS A WEEK

Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

5 WAYS TO DIG DEEPER

Pause in your reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. Try a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

- ① Underline or highlight key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text.
- ② Put it in your own words. Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
- ③ Ask and answer questions. Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down your answers to these questions.
- ④ Capture the big idea. God's Word communicates big ideas. Periodically ask: What's the big idea in this sentence, paragraph, or chapter?
- ⑤ Personalize the meaning. Respond as God speaks to you through the Scriptures. Ask: How could my life be different today as I respond to what I'm reading?

Week 1

Mark

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>

Week 2

_____	6	<input type="checkbox"/>
_____	7	<input type="checkbox"/>
_____	8	<input type="checkbox"/>
_____	9	<input type="checkbox"/>
_____	10	<input type="checkbox"/>

Week 3

_____	11	<input type="checkbox"/>
_____	12	<input type="checkbox"/>
_____	13	<input type="checkbox"/>
_____	14	<input type="checkbox"/>
_____	15	<input type="checkbox"/>

Week 4

_____	16	<input type="checkbox"/>
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Acts

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>

Week 5

_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>
_____	7	<input type="checkbox"/>
_____	8	<input type="checkbox"/>
_____	9	<input type="checkbox"/>

Week 6

_____	10	<input type="checkbox"/>
_____	11	<input type="checkbox"/>
_____	12	<input type="checkbox"/>
_____	13	<input type="checkbox"/>
_____	14	<input type="checkbox"/>

Week 7

_____	15	<input type="checkbox"/>
_____	16	<input type="checkbox"/>
_____	17	<input type="checkbox"/>
_____	18	<input type="checkbox"/>
_____	19	<input type="checkbox"/>

Week 8

_____	20	<input type="checkbox"/>
_____	21	<input type="checkbox"/>
_____	22	<input type="checkbox"/>
_____	23	<input type="checkbox"/>
_____	24	<input type="checkbox"/>

Week 9

_____	25	<input type="checkbox"/>
_____	26	<input type="checkbox"/>
_____	27	<input type="checkbox"/>
_____	28	<input type="checkbox"/>

Hebrews

_____	1	<input type="checkbox"/>
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Week 10

_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>

Week 11

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_____	9	<input type="checkbox"/>
_____	10	<input type="checkbox"/>
_____	11	<input type="checkbox"/>

Week 12

_____	12	<input type="checkbox"/>
_____	13	<input type="checkbox"/>

Galatians

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_____	3	<input type="checkbox"/>

Week 13

_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>

James

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>

Week 14

_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>

Matthew

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_____	2	<input type="checkbox"/>

Week 15

_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>
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_____	7	<input type="checkbox"/>

Week 16

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Week 17

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_____	16	<input type="checkbox"/>
_____	17	<input type="checkbox"/>

Week 18

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_____	20	<input type="checkbox"/>
_____	21	<input type="checkbox"/>
_____	22	<input type="checkbox"/>

DATE CHAPTER ✓

Week 19

_____	23	<input type="checkbox"/>
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_____	25	<input type="checkbox"/>
_____	26	<input type="checkbox"/>
_____	27	<input type="checkbox"/>

Week 20

_____	28	<input type="checkbox"/>
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Romans

_____	1	<input type="checkbox"/>
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_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>

Week 21

_____	5	<input type="checkbox"/>
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_____	7	<input type="checkbox"/>
_____	8	<input type="checkbox"/>
_____	9	<input type="checkbox"/>

Week 22

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_____	13	<input type="checkbox"/>
_____	14	<input type="checkbox"/>

Week 23

_____	15	<input type="checkbox"/>
_____	16	<input type="checkbox"/>

Ephesians

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>

Week 24

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_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>

Philippians

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>

DATE CHAPTER ✓

Week 25

_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>

Colossians

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>

Week 26

_____	4	<input type="checkbox"/>
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Philemon

_____	1	<input type="checkbox"/>
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Luke

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_____	3	<input type="checkbox"/>

Week 27

_____	4	<input type="checkbox"/>
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_____	6	<input type="checkbox"/>
_____	7	<input type="checkbox"/>
_____	8	<input type="checkbox"/>

Week 28

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_____	12	<input type="checkbox"/>
_____	13	<input type="checkbox"/>

Week 29

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_____	16	<input type="checkbox"/>
_____	17	<input type="checkbox"/>
_____	18	<input type="checkbox"/>

Week 30

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_____	21	<input type="checkbox"/>
_____	22	<input type="checkbox"/>
_____	23	<input type="checkbox"/>

DATE CHAPTER ✓

Week 31

_____	24	<input type="checkbox"/>
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1 Corinthians

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>

Week 32

_____	5	<input type="checkbox"/>
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_____	8	<input type="checkbox"/>
_____	9	<input type="checkbox"/>

Week 33

_____	10	<input type="checkbox"/>
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_____	12	<input type="checkbox"/>
_____	13	<input type="checkbox"/>
_____	14	<input type="checkbox"/>

Week 34

_____	15	<input type="checkbox"/>
_____	16	<input type="checkbox"/>

2 Corinthians

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>

Week 35

_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>
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_____	7	<input type="checkbox"/>
_____	8	<input type="checkbox"/>

Week 36

_____	9	<input type="checkbox"/>
_____	10	<input type="checkbox"/>
_____	11	<input type="checkbox"/>
_____	12	<input type="checkbox"/>
_____	13	<input type="checkbox"/>

Week 37

1 Timothy

- _____ 1
- _____ 2
- _____ 3
- _____ 4
- _____ 5

Week 38

- _____ 6

2 Timothy

- _____ 1
- _____ 2
- _____ 3
- _____ 4

Week 39

Titus

- _____ 1
- _____ 2
- _____ 3

1 John

- _____ 1
- _____ 2

Week 40

- _____ 3
- _____ 4
- _____ 5

2 John

- _____ 1

3 John

- _____ 1

Week 41

1 Peter

- _____ 1
- _____ 2
- _____ 3
- _____ 4
- _____ 5

Week 42

John

- _____ 1
- _____ 2
- _____ 3
- _____ 4
- _____ 5

Week 43

- _____ 6
- _____ 7
- _____ 8
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Week 44

- _____ 11
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Week 45

- _____ 16
- _____ 17
- _____ 18
- _____ 19
- _____ 20

Week 46

- _____ 21

1 Thessalonians

- _____ 1
- _____ 2
- _____ 3
- _____ 4

Week 47

- _____ 5

2 Thessalonians

- _____ 1
- _____ 2
- _____ 3

2 Peter

- _____ 1

Week 48

- _____ 2
- _____ 3

Jude

- _____ 1

Revelation

- _____ 1
- _____ 2

Week 49

- _____ 3
- _____ 4
- _____ 5
- _____ 6
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Week 50

- _____ 8
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Week 51

- _____ 13
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Week 52

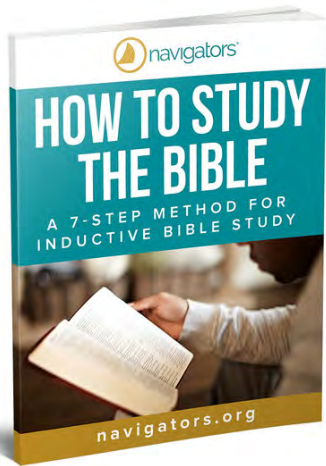
- _____ 18
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Navigators Discipleship Resources:



How to Study the Bible FREE eBook

While there isn't only one right way to read and study Scripture, The Navigators have put together a resource outlining a study method that has helped thousands draw closer to the Lord through a deeper understanding of God's Word. We'd like to invite you to download this proven system of study by giving you a **FREE digital copy of *How to Study the Bible: A 7-Step Method for Inductive Bible Study***.

navlink.org/how-to-study-the-Bible



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