

# Surviving the Holidays

Have you or someone you know experienced the loss of a loved one? No matter how long its been, grief can make the holidays a painful time.

**But there is hope...**

Join us for an encouraging seminar that will help you "Survive the Holidays."

Discover new reasons to enjoy them once again.

This seminar is absolutely free of charge.

Helping with your journey during this difficult time.



For more information  
or reservations, please call or text

**Melodie Austin**  
**(941) 661-0842**  
**melharryaustin@yahoo.com**  
**by November 10, 2025**



New Life Church  
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*Help for those dealing with grief.*

**Saturday, November 15, 2025**

**10 am - Noon**

**Life Center**

**New Life Church, Punta Gorda**

Hosted by the New Life Church  
GriefShare Support Group



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## Comments from former attendees:

"I did not want to come to this. I circled the parking lot twice before parking."

"If not for Surviving the Holidays, I would not have considered GriefShare."

"It was hard to admit that I was going through this and actually needed help. I was in denial."

"If I had not been welcomed in the parking lot, I don't think I would have walked inside."

"I was showered with love and understanding... right from the moment I arrived."

"I wish it would have lasted longer, then I learned about the 13 week GriefShare program."

Wondering how you will survive the weeks surrounding Thanksgiving and Christmas? Are you dreading these holidays knowing that everything has changed and that happy memories from the past years can't be recreated?

## Please join us! Bring a friend or family member

- \* Receive a free guide booklet to use during the holidays
- \* Watch an inspirational video
- \* Learn how to create a plan you can use to "be kind to yourself, your feelings, and others."



To register contact:

**Melodie Austin**  
**(941) 661-0842**  
**melharryaustin@yahoo.com**  
**by November 10, 2025**

Or drop off the following information at the church office:

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Your Name

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Phone Number

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Email Address

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